

Eastern Ontario Community Council Connections

District Developer Update

Winter has finally come to end and now it's time to kick off the spring activities!!

As always, please send me any news/information that you would like highlighted in this newsletter or put up on the Eastern Ontario Website. Thanks!!

Also, if your athletes are in the newspaper, please let me know, so I can add the link to the Eastern site.

I have been travelling around to lots of Community Council Meetings and AGMs. If I have yet to attend a meeting in your community this year, please email me with your meeting dates and I will do my best to attend. Don't forget to send me a copy of your minutes after each meeting!

Looking forward to hearing from you all!

Yours in Sport,

Suzanne Heale
District Developer – Eastern Ontario
Special Olympics Ontario

NCCP SOO Course

Registration for the NCCP SOO Competition Course to be held in Kingston is now live. The course will run on September 29th and 30th 2012. Please let your coaches know that they can register at:

www.specialolympicsontario.com or at
<http://events.specialolympicsontario.com/index.php/registration/coaching-courses>

Spaces are limited!

Insurance Update

Hi Folks! This update came from a good question about our Insurance Policy. When you are dealing with a **private organization**, such as a bowling alley where you pay for time, they should have insurance to cover your activities.

When you are using a **facility owned by the city or school board**, they may require proof of additional insurance. In this case, there is an online form that can be filled out to apply for proof of insurance.

A copy of the certificate will be sent to you and then you can give it to the facility.

The form can be found at:

<http://www.specialolympicsontario.com/default.asp?contentID=39>

Physical Activity Healthy Living

PAHL is a project created to promote healthy active living to Special Olympics athletes and students across Ontario.

Step Into Action is an interactive program designed to help increase physical fitness levels by tracking the amount of steps they take in a day. This is done with a pedometer supplied to you by the program itself. Everything can be done online. Check out:

step.specialolympicsontario.com for more information by clicking on the link above.

Let's get walking!

Law Enforcement Torch Run Dates

(more to follow – check Eastern website)

April 30th – Prescott, Kemptville, Ganonaque
 May 1st – Rockland, Hawkesbury, Alexandria
 May 2nd – Brockville/Leeds, Longsault
 May 3rd – Morrisburg, Winchester
 May 4th – Cornwall
 May 14th – Ottawa
 May 15th – Pembroke, Petawawa, Barry's Bay
 May 16th – Renfrew, Arnprior
 May 17th – Perth, Carleton Place, Merrickville

Competition Corner

Provincial Spring Games: May 31 – June 3, 2012

Kingston Games Website:

<http://www.specialolympics2012games.com/>

Region 7 Summer Qualifier Dates:

Athletics – July 21st, Ottawa

Soccer – August 11th, Perth

Softball – September 8th, Brockville

Rhythmic Gymnastics - May 26/27, Durham
(combined with other regions)

Golf – August 23rd, Halliburton
(combined with other regions)

Contact Us:

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Volunteer Tidbits

- If a volunteer is between 14-18 yrs old, they can be a Junior Volunteer, without a police check. This means that they are not counted in your coach ratio, and they cannot be alone with an athlete.
- Some police detachments will do police checks at 16yrs. If so, and they get one done, then the 16-17 yrs olds can be full volunteers and count in ratio etc.
- As soon as any junior volunteer or full volunteer (16 or 17rs) turns 18, they need to get another police check done.
- Even as a junior volunteer, their time with SOO counts towards their years of service

Website Info

- There is a brand new video on the Eastern Ontario site. Check it out!!
- If you have results from competitions, please send them to Suzanne for posting on the Eastern Ontario Website
- If you would like a website for your community, let Suzanne know so she can set you up with one
- Check out [Ask CASI](#) (click to go to website) where answers are just a click away to questions of all types. Give [CASI](#) a try!!
- Incident Reports can now be found online in [Forms](#)