

Old Ottawa South Community Hosts Special Olympics Swim Meet

By Sarah Rayfield, Head Coach, Ottawa Otters Swim Team, Special Olympics

On April 16th, the Old Ottawa South Community welcomed over 120 Special Olympics athletes from 8 communities across Eastern Ontario (Arnprior, Brockville, Kingston, Perth, Pembroke, and three teams from the Ottawa area) to a swim meet at Brewer Pool. Athletes ranging in ages from 12 - 50, competed with each other, challenged themselves, and had lots of fun! "It's inspiring to see how proud the athletes are of their efforts and how much encouragement they give each other. It's not just about winning", said Ottawa Otters' team Manager Myriam Gay. Special thanks go to the Go King Fish swim team for their help organizing the meet and to the staff at Brewer Pool for their support. For more information about Special Olympics programs in Ottawa, please visit <http://ottawa.specialolympicsontario.ca/>.



Photo by April Haggart